



NORTHAMPTON CLINIC – THERAPIST BIO

For more information visit our website www.northamptonclinic.com or call 01604 632232

Emma Rylands



Emma is a Level 4 AIQ Sport Therapist who achieved a BSc Sport Psychology degree from Bournemouth University.

Her treatments involve prevention, maintenance and rehabilitation, tailored to each client's needs.

Emma is a highly skilled, effective and kind, friendly therapist who focuses on good communication and rapport with her clients.

Emma enjoys various sports and outdoor adventure challenges, with her biggest achievement being climbing Mount Kilimanjaro. Emma is pleased to be part of the team at The Northampton Clinic!