



NORTHAMPTON CLINIC – THERAPIST BIO

For more information visit our website www.northamptonclinic.com or call 01604 632232

Gerry Doyle



I offer remedial/sports and holistic massages which can be part of a broader health plan if required.

As a multi-disciplined holistic therapist who qualified in 1995, I have been a practicing therapist for over 20 years. In that time I have been privileged to pursue my vocation and work with 100's of different clients bringing help and healing to the vast majority.

I received my professional training and certification at the Northampton College of Further Education. I was awarded by the International Institute of Health and Holistic Therapist (IIHHT), (VTCT), professional qualifications in Aromatherapy, Reflexology and Swedish remedial /Sports massage. I further increased my Holistic skills by qualifying in Yoga and Pilates and Meditation Instruction and have held regular weekly classes for 20 years. My passion for the broad approach to health, drove me to become a Member of the Association of Stress Consultants (MASC), A Life Coach and Personal Trainer. I am also an Advanced Swimming Teacher and a member of the (ASA) and (STA) and have taught 100's of students from 5 to 75 for NBC, leisure centres and schools in Northampton for 2 decades. Currently offering lessons on a 1 to 1 basis as part of a broad health plan.

I went to Northampton University and graduated with a Dip.He. EDUC/Movement and then worked as a primary school P.E teacher. So my broad experience and interests reflect my passion for many aspects of human development (physical, mental, emotional and spiritual) through healthcare and lifestyle. I offer my clients, a range of treatments and activities tailored to their needs. I have access to a range of dedicated professional colleagues who are highly specialised e.g. Chiropractors, Osteopaths, Hypnotherapists, nutritionists etc. at the Northampton Clinic, and will not hesitate to refer you for specialised sessions if that seems appropriate as part of your treatment plan.

Prior to the initial session, I will include a consultation and health screen. Full details of my treatments and services that I offer, can be found on my website

northampton-yogafit-massage-therapy.com

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Or Call 07719090837.